



AUGUST-2017

Briar Creek I

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9A PHASE 1 & 2 Summer Bowling @ Countryside 10A Aqua Aerobics 10:30A Aerobic/Cardio Exercises @PHASE 2 11:15A Chair Yoga @ PHASE 2 1P Mah Jongg – PHASE 2 Movie Night – 7pm	8:30A Coffee Hour 9:30A Social Committee Meeting 9:30A PHASE 2 - Early bird Breakfast at Daddy's 10:00A Aqua Aerobics 7:00P Line Dancing 7:00P Table Tennis 7:00P RummyKub	3 10:00A Aqua Aerobics 10:30A Zumba Gold @ PHASE 2 11:15A Chair Yoga @ PHASE 2 6:30P Mah Jongg	10:00A Aqua Aerobics 4:00-6:00P Happy Hour – BYOB loca- tion changes during summer	8:00A Coffee Hour – PHASE 2 9:00A Social Club Meeting – PHASE 2 10:00A Aqua Aerobics
12:30P Mah Jongg Crazy Bingo	7 10:00A Aqua Aerobics 12:30P Mah Jongg	8 9A PHASE 1 & 2 Summer Bowling @ Countryside 10A Aqua Aerobics 10:30A Aerobic/Cardio Exercises @PHASE 2 11:15A Chair Yoga @ PHASE 2 1P Mah Jongg – PHASE 2 Movie Night – 7pm	8:30A Coffee Hour 9:30A Social Committee Meeting 9:30A PHASE 2 - Early bird Breakfast at Daddy's 10:00A Aqua Aerobics 7:00P Line Dancing 7:00P Table Tennis 7:00P RummyKub	10 10:00A Aqua Aerobics 10:30A Zumba Gold @ PHASE 2 11:15A Chair Yoga @ PHASE 2 6:30P Mah Jongg	11 10:00A Aqua Aerobics 4:00-6:00P Happy Hour – BYOB loca- tion changes during summer	8:00A Coffee Hour – PHASE 2 9:00A Social Club Meeting – PHASE 2 10:00A Aqua Aerobics Hostess Dinner – 6pm- 9pm
12:30P Mah Jongg	14 10:00A Aqua Aerobics 12:30P Mah Jongg	15 9A PHASE 1 & 2 Summer Bowling @ Countryside 10A Aqua Aerobics 10:30A Aerobic/Cardio Exercises @PHASE 2 11:15A Chair Yoga @ PHASE 2 1P Mah Jongg – PHASE 2 Movie Night – 7pm	8:30A Coffee Hour 9:30A Social Committee Meeting 9:30A PHASE 2 - Early bird Breakfast at Daddy's 10:00A Aqua Aerobics 7:00P Line Dancing 7:00P Table Tennis 7:00P RummyKub	17 10:00A Aqua Aerobics 10:30A Zumba Gold @ PHASE 2 11:15A Chair Yoga @ PHASE 2 6:30P Mah Jongg	18 10:00A Aqua Aerobics 4:00-6:00P Happy Hour – BYOB loca- tion changes during summer	8:00A Coffee Hour – PHASE 2 9:00A Social Club Meeting – PHASE 2 10:00A Aqua Aerobics
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12:30P Mah Jongg 27	28 10:00A Aqua Aerobics 12:30P Mah Jongg	9A PHASE 1 & 2 Summer Bowling @ Countryside 10A Aqua Aerobics 10:30A Aerobic/Cardio Exercises @PHASE 2 11:15A Chair Yoga @ PHASE 2 1P Mah Jongg – PHASE 2 Movie Night – 7pm	8:30A Coffee Hour 9:30A Social Committee Meeting 9:30A PHASE 2 - Early bird Breakfast at Daddy's 10:00A Aqua Aerobics 7:00P Line Dancing 7:00P Table Tennis 7:00P RummyKub	31 10:00A Aqua Aerobics 10:30A Zumba Gold @ PHASE 2 11:15A Chair Yoga @ PHASE 2 6:30P Mah Jongg		SEPTEMBER 2017 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30